

### Form Guide (based on percentage over last seven matches)

Exeter Saracens      W(h) L(a) L(h) L(a) W(h) L(a) L(h)  
St Ives                W(h) W(a) W(h) L(a) W(a) W(h) W(a)

Pos	Team	Pd	W	D	L	F	A	Diff	Pts
1	Withycombe	12	10	0	2	427	126	301	50
2	Bude	12	9	1	2	424	142	282	48
<b>3</b>	<b>St Ives (SW)</b>	<b>12</b>	<b>10</b>	<b>0</b>	<b>2</b>	<b>419</b>	<b>146</b>	<b>273</b>	<b>45</b>
4	Plymstock Albion	12	8	1	3	358	143	215	41
5	Falmouth	12	9	1	2	231	232	-1	41
6	Pirates Amateurs	11	7	0	4	315	201	114	34
7	Paignton	11	7	1	3	205	180	25	34
8	Plymouth Arguam	12	6	0	6	233	180	53	31
9	Bodmin	12	4	0	8	172	287	-115	20
<b>10</b>	<b>Exeter Saracens</b>	<b>12</b>	<b>3</b>	<b>0</b>	<b>9</b>	<b>249</b>	<b>512</b>	<b>-263</b>	<b>17</b>
11	Tavistock	12	3	0	9	161	387	-226	16
12	Hayle	12	3	0	9	159	341	-182	15
13	Honiton	12	2	0	10	167	286	-119	12
14	Newquay Hornets	12	0	0	11	101	458	-357	-2

### Next Fixtures

#### Saturday 2<sup>nd</sup> January

Paignton v St Ives

#### Saturday 9<sup>th</sup> January

St Ives v Honiton

### Result

St Ives Reserves played the full cup winning Culdrose team last Wednesday, with boys from university home for Christmas to make a very youthful side.

St Ives Reserves 7 : 35 Culdrose

### Follow us online:

There is a **new website**.

We are no longer using Pitchero.

Facebook: StIves Rfc

Website: [www.stivesswrfc.co.uk](http://www.stivesswrfc.co.uk)

### After the match

#### Christmas Jumper Party

Mince Pies, Mulled Cider  
Christmas Carols, Games  
Prizes for best jumpers!



### Tomorrow

#### Saskia's famous Christmas Dinner

£15 adults, £10 OAP's, £5 U10's  
Please book in the clubhouse.



# St Ives Hakes v Exeter Saracens

Saturday 19<sup>th</sup> December

KO 2:30p.m.

at

St Ives Recreation Ground

Welcome to St Ives Rugby Football Club for the final week of the Tribute Cornwall & Devon League before the well-earned Christmas break. The players and officials appreciate your support and look forward to an entertaining match this afternoon.

Our visitors today have made the long trip from Exeter. The Saracens (Sarries) were formed in 1953. When the league system began they played in the C&D league. Some seasons saw them in Devon One, but in 2012-13 they finished 8<sup>th</sup> in Western Counties West after promotion. This season they have gained three victories, their latest match being against high flying Bude away. The sides last met in the 2011-12 season and shared the honours, each winning at home, the Sarries more convincingly.

It was a privilege to be able to watch The Hakes perform so well last weekend. The win against league leaders Withycombe was good; the performance and commitment excellent! Match reports on Facebook and the website are worth a visit. Head coach, Paul Thirlby, will want to round off the first half of a successful season with another fitting display of ball retention, bold attacking and relentless defending.

Our match official today is Mr. Dave Saunter. We trust he has an enjoyable afternoon. Please join us in the clubhouse after the match.

*Alan Thomas*

# St Ives Hakes v Exeter Saracens

(possible selection)

Tony Stevens	1	Dave Lawry
Ben Taylor (Capt)	2	William Travers
Ben Jenkins	3	Gareth Walker
Jamie Prisk	4	Alex Moore (Capt)
Todd Prisk	5	Dave Walter
Sean Stevens	6	Joe Burden
Cameron Bone	7	Matt Davies
Martyn Lawrance	8	Dave Loman
John Trehwella	9	Tom Crook
Paul Thirlby	10	James Boulton
Tom Murray	11	Darren Light
Grant Thirlby	12	Ben Croft
Tom Nicholas	13	Sam Gooch
Peter Mabbott	14	Dan Dimoline
Lewis Thomas	15	Tom Rushton



## Replacements

Ryan Bishop	16	Ben Williams
Joel Stevens	17	Ben Cowley
Sam Heath	18	

N.B. It may be necessary to have uncontested scrums.

Referee: Dave Saunter (CRRS)

## Defibrillator

The club are raising funds for this potentially lifesaving piece of equipment for club and community use. Please make a donation through a club official OR online at <https://www.justgiving.com/defibforuplong>

## Player Profiles

**Full Name** – Jamie Treve Prisk

**Age** – 22 years

**Height** – 2.0m (6'7")

**Weight** – 110kgs (17st 5lbs)

**Favourite food** – Everything!

**Favourite drink** – Cider

**Favourite film** – Top Gun

**Honours** – Captain of Cornish Rebels Rugby League side, Cornwall U18 & U20s

**Playing position** – Second row



**Full name** – John Trehwella

**Age** – 40 years

**Height** – 1.80m (5'11")

**Weight** – 101.5kgs (16st)

**Favourite food** - Chinese

**Favourite drink** - Disaronno

**Favourite film** – Snatch

**Honours** – Cornwall U16 – U21s

**Playing position** – Scrum half

## Player news

A number of players are unavailable for today's match. Fortunately the squad is large enough for the Hakes to field another good side. Our Culdrose contingent, so important to last week's notable victory, are on leave for Christmas. **Sam Carter**, (Workington), is replaced by **John Trehwella**, **Paul Thirlby** returns, with brother, **Grant**, moving to centre for **Greg Loydall**, (Rugby) and **Tom Murray** starts on the wing for **Bobby Conroy-Smith**, (Worthing).

**Jess Tompsett** is rested after playing every match so far this season. Recent signing, **Todd Prisk**, is alongside brother **Jamie**, the latter's seventh 2<sup>nd</sup> row partner. **Joel Stevens** is in the squad, having waited patiently for the opportunity since Paignton on 12<sup>th</sup> September.

**Talking point:** Name the players who have figured in every game this season, including today.